

## Confirmation Year 1 - Study Guide 2020-2021

**Prayers: Will need to recite to RE Staff no later than 31<sup>st</sup> January, 2021**

**Test will take place in January, 2021 unless the parent contacts the RE Office to schedule a time to take the test at an earlier time.**

The Greatest Prayer is the **MASS**

### The Lord's Prayer/Our Father

Our Father who art in heaven, hallowed be thy name;  
Thy Kingdom come; Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
And forgive us our trespasses, as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil. Amen

### Hail Mary

Hail Mary, full of grace, the Lord is with thee  
Blessed art thou among women, and blessed is the fruit of your womb, Jesus  
Holy Mary, Mother of God, Pray for us sinners,  
Now and at the hour of our death. Amen

### Glory Be/Doxology

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end. Amen

### The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth,  
And in Jesus Christ, his only Son, our Lord,  
Who was conceived by the Holy Spirit, born of the Virgin Mary,  
Suffered under Pontius Pilate, was crucified, died and was buried;  
He descended into hell; on the third day he rose again from the dead;  
He ascended into heaven, and is seated at the right hand of God the Father almighty  
From there he will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints,  
The forgiveness of sins, the resurrection of the body, and life everlasting. Amen

### Grace before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty.  
Through Christ our Lord. Amen

### Guardian Angel Prayer

Angel of God, my guardian dear, to whom God's love commits me here,  
Ever this day be at my side, to light and guard, to rule and guide. Amen

**The Beatitudes** – The teachings of Jesus in the Sermon on the Mount. **(found in Matthew 5:3-10)**

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are they who mourn, for they will be comforted.
- Blessed are the meek, for they will inherit the land.
- Blessed are they who hunger and thirst for righteousness, for they will be satisfied.
- Blessed are the merciful, for they will be shown mercy.
- Blessed are the clean of heart, for they will see God.
- Blessed are the peacemakers, for they will be called children of God.
- Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

**Hierarchy of the Church**

- 1. The name of our current Pope: **POPE FRANCIS**
- 2. The name of our Bishop of Arlington: **MICHAEL BURBIDGE**
- 3. The name of the Pastor of Sacred Heart of Jesus Church: **REV. BJORN LUNDBERG**
- 4. The name of our Parochial Vicars are: **REV. STEPHEN HOLMES &  
REV. JOHN J. RILEY**
- 5. The name of our Deacon: **DEACON MARK MAINES**

**Four Pillars of the Church**

- 1. Creed
- 2. Sacraments
- 3. Moral Life
- 4. Prayers

**Four Evangelists**

- 1. Matthew
- 2. Mark
- 3. Luke
- 4. John

**The Seven Sacraments**

To be divided into sacraments of service, healing and initiation. Think about which sacraments use holy oils.

- 1. Baptism – birth, the beginning of spiritual life  
**Sacrament of Initiation. Use Holy Oil**
- 2. Penance – forgiveness after a failing and help to start over  
**Sacrament of Healing**
- 3. Holy Eucharist – Nourishment to grow stronger in divine life.  
**Sacrament of Initiation**
- 4. Confirmation – Extra power for the responsibilities of leading a Christian life.  
**Sacrament of Initiation. Use Holy Oil**
- 5. Matrimony – Grace for a relationship that will lead to a family.  
**Sacrament of Service**
- 6. Holy Orders – Provides Ministers for the needs of the faith community.  
**Sacrament of Service. Use Holy Oil**
- 7. Anointing of the Sick – Courage and strength when life weakens or nears the end.  
**Sacrament of Healing. Use Holy Oil**

## Formula for Confession

As we enter the confessional, kneel and say, "Bless me Father, for I have sinned, it has been (so long) since my last confession and these are my sins"

To receive Communion properly you must be in a state of **GRACE** and **FAST** for 1 hour prior to receiving.

## Parts of the Mass

1. Introductory Rite
2. Liturgy of the Word
3. Liturgy of the Eucharist
4. Communion Rite
5. Concluding Rites

The Complete change of substance of the bread and wine into the Body and Blood of Christ at the Consecration of the Mass is called **TRANSUBSTANTIATION**.

## Sin

1. **MORTAL SIN** – the most serious of sins. It robs the soul of all sanctifying Grace and cuts us off completely from God. Must be confessed in the sacrament of Penance to be forgiven.

Conditions for Mortal Sin

- Must be a serious matter
- Must know it is a serious matter
- Commit the sin anyway

2. **VENIAL SIN** – a less serious sin. It damages our relationship with God and weakens the soul. Should be confessed in the sacrament of Penance.

## Liturgical Calendar -

Seasons of the calendar in order:

**Advent** (starts after Thanksgiving).

**Christmas Time.**

**Ordinary Time** (twice on our calendar).

**Lent.**

**Triduum** (Also on Pentecost Sunday).

**Easter Time.**

Purple vestments worn by the priest.

Cream/White vestments worn by the priest.

Green vestments worn by the priest.

Purple vestments worn by the priest.

Red vestments worn by the priest.

Cream/White vestments worn by the priest.

## Holy Days of Obligation

**Christmas**

25<sup>th</sup> December

**Assumption of Our Lady**

15<sup>th</sup> August

**Solemnity of Mary, Mother of God**

1<sup>st</sup> January

**All Saints' Day**

1<sup>st</sup> November

**Ascension of Our Lord**

40 days after Easter/ Thurs. or Sun.

**Immaculate Conception of Mary**

8<sup>th</sup> December