

1st Year Confirmation - Gifts of the Holy Spirit and the Parts of Mass

Although these lessons do not lend themselves to individual lessons at home, here are some related videos and resources online for you to enjoy and learn.

- [Gifts of the Holy Spirit](#) - Fr. Dave Pivonka, TOR, discusses the Gifts of the Holy Spirit (Wisdom, Understanding, Council, Fortitude, Knowledge, Piety, and Fear of the Lord) at a level appropriate for young adults and how it connects with their spiritual life. For those with younger children in your home, I do want to point out that one of the individuals interviewed uses an example of the Holy Spirit helping him counsel a young woman who is considering abortion.
- [The Veil Removed](#) - This link will take you to the home page for The Veil Removed project. There are several resources and lots of information on this site. The video is only minutes long and can be viewed by clicking "Play the Film". I recommend reading the information on the site first to understand the purpose behind the video.

Below are several resources on explaining the parts of the Catholic Mass. These are great resources that even adults who have attended Mass since they were babies will get something out of. Many times, we get lost in the routine and forget the meaning behind the rituals.

- https://presentationparish.org/sites/pparish/files/uploads/documents/a_walk_through_the_mass.pdf
- <http://www.usccb.org/about/public-affairs/backgrounders/structure-and-meaning-of-the-mass-backgroundunder.cfm>
- <https://www.loyolapress.com/our-catholic-faith/scripture-and-tradition/mass-and-liturgy/an-overview-of-the-mass>
- <https://www.osvnews.com/2011/10/19/understanding-the-parts-of-the-mass/>
- <https://www.youtube.com/watch?v=co0qalRkEJs>