

## Day 10

*“Those who are led by the Spirit of God are the children of God.” (Romans 8:14). “Those who are led by the spirit of Mary are the children of Mary, and consequently the children of God.” (True Devotion to Mary, St. Louis De Montfort.*

**Don't worry if you miss a day; just pick up when you can. If you misplace the email, all the entries are on the website here:**

<https://sacredheartwinchester.org/2022/11/06/experience-the-powerful-spiritual-effects-of-true-devotion-to-mary/> We also have the guides in the Gift Shop if you would like to have a hard copy of the book.

**Chapter four** – read pages 53-57

**Reading:** *Imitation of Christ*, by Thomas á Kempis: Book 3, Chapter 10

That it is sweet to despise the world and to serve God

Now, will I speak again, O Lord, and will not be silent, I will say in the hearing of my God and my King Who is on high:

Oh, how great is the abundance of Thy sweetness, O Lord, which Thou hast hidden for those that fear Thee! But what art Thou, for those who love Thee? What, to those who serve Thee with their whole heart? Unspeakable indeed is the sweetness of Thy contemplation, which Thou bestowest on those who love Thee.

In this most of all hast Thou showed me the sweetness of Thy love, that when I had no being, Thou didst make me; and when I was straying far from Thee, Thou brought me back again, that I might serve Thee: and Thou hast commanded me to serve Thee.

O Fountain of everlasting love, what shall I say of Thee? How can I forget Thee, Who hast vouchsafed to remember me even after I was corrupted and lost? Beyond all hope Thou showest mercy to Thy servant; and beyond all desert, hast Thou manifested Thy grace and friendship. What return shall I make to Thee for this favor?

For it is granted to all who forsake these things, to renounce the world, and to assume the monastic life. Is it much that I should serve Thee, Whom the whole creation is bound to serve? It ought not to seem much to me to serve Thee; but this does rather appear great and wonderful to me, that Thou vouchsafest to receive one so wretched and unworthy as Thy servant.

It is a great honor, a great glory, to serve Thee, and to despise all things for Thee, for they who willingly subject themselves to Thy holy service, shall have great grace. They shall experience the most sweet consolation of the Holy Spirit, Who for the love of Thee, have cast aside all carnal delight.

## **Daily prayers to recite**

### **Veni Creator**

Come, Holy Spirit, Creator blest,  
and in our souls take up Thy rest; come with Thy grace and heavenly aid to fill the hearts  
which Thou hast made.  
O comforter, to Thee we cry,  
O heavenly gift of God Most High, O fount of life and fire of love, and sweet anointing  
from above.  
Thou in Thy sevenfold gifts are known;  
Thou, finger of God's hand we own;  
Thou, promise of the Father,  
Thou Who dost the tongue with power imbue.  
Kindle our sense from above,  
and make our hearts o'erflow with love; with patience firm and virtue high  
the weakness of our flesh supply.  
Far from us drive the foe we dread, and grant us Thy peace instead;  
so shall we not, with Thee for guide, turn from the path of life aside.  
Oh, may Thy grace on us bestow  
the Father and the Son to know;  
and Thee, through endless times confessed, of both the eternal Spirit blest.  
Now to the Father and the Son,  
Who rose from death, be glory given,  
with Thou, O Holy Comforter,  
henceforth by all in earth and heaven. Amen.

### **Ave Maris Stella**

Hail, O Star of the ocean, God's own Mother blest, ever sinless Virgin,  
gate of heav'nly rest.  
Taking that sweet Ave, which from Gabriel came, peace confirm within us, changing  
Eve's name.  
Break the sinners' fetters, make our blindness day, Chase all evils from us, for all  
blessings pray.  
Show thyself a Mother, may the Word divine  
born for us thine Infant  
hear our prayers through thine.  
Virgin all excelling, mildest of the mild,  
free from guilt preserve us meek and undefiled.  
Keep our life all spotless, make our way secure  
till we find in Jesus,  
joy for evermore.  
Praise to God the Father, honor to the Son,  
in the Holy Spirit,  
be the glory one. Amen.

## **Magnificat**

My soul doth magnify the Lord. And my spirit hath rejoiced in God my Savior. Because He hath regarded the humility of His handmaid; for behold, from henceforth all generations shall call me blessed. Because He that is mighty hath done great things to me; and holy is His name. And His mercy is from generation to generations, to them that fear Him. He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

He hath put down the mighty from their seat; and hath exalted the humble. He hath filled the hungry with good things; and the rich he hath sent empty away. He hath received Israel His servant, being mindful of His mercy. As He spoke to our fathers, to Abraham and to his seed forever. Amen.

## **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.