Day 2

Reading: Matthew 5:48, 6:1-15

Jesus said, "Be you therefore perfect, as also your heavenly Father is perfect...Take heed that you do not your justice before men, to be seen by them: otherwise you shall not have a reward of your Father who is in heaven."

"Therefore when you give alms, sound not a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may be honoured by men. Amen I say to you, they have received their reward. But when thou dost alms, let not thy left hand know what thy right hand doth. That thy alms may be in secret, and thy Father who sees in secret will repay thee. And when ye pray, you shall not be as the hypocrites, that love to stand and pray in the synagogues and corners of the streets, that they may be seen by men: Amen I say to you, they have received their reward."

"But thou when thou shalt pray, enter into thy chamber, and having shut the door, pray to thy Father in secret: and thy Father who seeth in secret will repay thee. And when you are praying, speak not much, as the heathens. For they think that in their much speaking they may be heard. Be not you therefore like to them, for your Father knoweth what is needful for you, before you ask him."

"Thus therefore shall you pray: Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we also forgive our debtors. And lead us not into temptation. But deliver us from evil. Amen."

"For if you will forgive men their offences, your heavenly Father will forgive you also your offences. But if you will not forgive men, neither will your Father forgive you your offences."

Daily prayers to recite

Veni Creator

Come, Holy Spirit, Creator blest,

and in our souls take up Thy rest; come with Thy grace and heavenly aid to fill the hearts which Thou hast made.

O comforter, to Thee we cry,

O heavenly gift of God Most High, O fount of life and fire of love, and sweet anointing from above.

Thou in Thy sevenfold gifts are known;

Thou, finger of God's hand we own;

Thou, promise of the Father,

Thou Who dost the tongue with power imbue.

Kindle our sense from above,

and make our hearts o'erflow with love; with patience firm and virtue high

the weakness of our flesh supply.

Far from us drive the foe we dread, and grant us Thy peace instead;

so shall we not, with Thee for guide, turn from the path of life aside.

Oh, may Thy grace on us bestow

the Father and the Son to know;

and Thee, through endless times confessed, of both the eternal Spirit blest.

Now to the Father and the Son, Who rose from death, be glory given, with Thou, O Holy Comforter, henceforth by all in earth and heaven. Amen.

Ave Maris Stella

Hail, O Star of the ocean, God's own Mother blest, ever sinless Virgin, gate of heav'nly rest. Taking that sweet Ave, which from Gabriel came, peace confirm within us, changing Eve's name. Break the sinners' fetters, make our blindness day, Chase all evils from us, for all blessings pray. Show thyself a Mother, may the Word divine born for us thine Infant hear our prayers through thine. Virgin all excelling, mildest of the mild, free from guilt preserve us meek and undefiled. Keep our life all spotless, make our way secure till we find in Jesus, joy for evermore. Praise to God the Father, honor to the Son, in the Holy Spirit, be the glory one. Amen.

Magnificat

My soul doth magnify the Lord. And my spirit hath rejoiced in God my Savior. Because He hath regarded the humility of His handmaid; for behold, from henceforth all generations shall call me blessed. Because He that is mighty hath done great things to me; and holy is His name. And His mercy is from generation to generations, to them that fear Him. He hath showed might in His arm; He hath scattered the proud in the conceit of their heart.

He hath put down the mighty from their seat; and hath exalted the humble. He hath filled the hungry with good things; and the rich he hath sent empty away. He hath received Israel His servant, being mindful of His mercy. As He spoke to our fathers, to Abraham and to his seed forever. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.